

ESRA Practical Examen

The examination is a friendly talk between two colleagues but formal

ESRA examination team consists of two examiners

There will be two questions per candidate:

The first question will be drawn by the candidate. Examiner 1 is conducting the first part of the exam. (ca 10-15 min)

The second question (ca 5-10 min) is selected by examiner 2 who is conducting the second part. The 2nd question will cover a different topic than the first one. Short written protocol will be kept by examiners

First Question

Block performance

- 1 Interscalene brachial plexus block
- 2 Infraclavicular brachial plexus block
- 3 Axillary brachial plexus block
4. Nerve blocks at elbow and wrist level
- 5 Intravenous regional anaesthesia
- 6 Femoral nerve block (incl fascia iliaca and saphenous nerve block)
- 7 Sciatic block- proximal approaches
- 8 Popliteal fossa block
- 9 Ankle block
- 10 Thoracic epidural analgesia
- 11 Thoracic paravertebral and intercostal block
- 12 Spinal anaesthesia
- 13 Combined spinal/epidural anaesthesia
14. Caudal block

Second Question

Procedure based RA anaesthesia and perioperative analgesia

1. Shoulder surgery
2. Humerus and elbow surgery
3. Hand surgery
- 4 Analgesia for rib fractures
5. TUR bladder /prostateae
6. Hip surgery
7. Knee surgery
8. Foot surgery
9. Lower limb amputation
10. Analgesia after thoracotomy
- 11 Analgesia after major abdominal surgery
12. Cesarean Section
13. Low abdominal and perineal surgery

The candidate should be able to show competency in the following areas

1st question

Demonstrate landmarks and block technique on patient (model) and comment on different approaches

Demonstrate proper use of nerve location methods

Demonstrate choices and dosages of LA and comment on block dynamics

Demonstrate complications and side effects related to specific blocks, their prevention and treatment

2nd question

Demonstrate rational selection of regional anaesthesia methods for specific clinical situation

Describe contraindications of specific RA - technique in this specific case

Demonstrate ability to rescue failed regional anaesthesia block

Explain perineural/wound catheter techniques and postoperative regimen

Comment on complications of perineural/wound catheters their prevention and management.

The candidate should be graded as pass or fail

The results of exam will be announced on Friday September 9th 2010.